

LUNCH MENU



SOUP & SMALL PLATES

SOUP OF THE DAY (Ve)(GF option)

Homemade bread & butter

SEAFOOD CHOWDER (S) (GF option)

Salmon - cod - haddock - potato & leek - charred homemade bread

BROAD BEAN BRUSCHETTA (VE) (GF OPTION)

Broad beans - vegan feta - Island mint - homemade focaccia

MIXED OLIVES

KARMA SANDWICHES

A choice of white or wholemeal farmhouse bread

(GF option available) - *Served with crisps*

CRAB (S)

Local white crab - mayonnaise - chive - lemon & black pepper

DAVIDSTOW CHEDDAR (V)

Homemade tomato chutney

BLT (P)

Smoked streaky bacon - lettuce - tomato - toasted bread

HONEY MUSTARD HAM (P)

Wholegrain mustard mayonnaise

GRILLED VEGETABLES (Ve)

Homemade houmous - rocket

KARMA CLUB CLASSIC

Chargrilled chicken - smoked streaky bacon - lettuce - tomato - toasted bread

SIDE DISHES

SKINNY FRIES (GF)(L)

ONION RINGS (GF)(L)

TRIPLE COOKED CHIPS (GF) (L option)

Roasted aioli & salsa brava

NEW POTATOES (GF) (L option)

Herb & garlic butter

SEASONAL GREENS (GF) (L option)

Herb & garlic butter

HERBY SALAD LEAF (GF)(L)

Honey & balsamic dressing

KARMA BURGERS

HANDMADE STEAK BURGER (GF option)

Homemade burger - peppercorn mayo sauce - Davidstow - tomato chutney - ruby slaw - fries
Add Streaky Bacon

CAJUN SPICE CHICKEN BURGER (GF option)

Ruby slaw - fries

CRISPY TOFU BURGER (Ve)(GF option)

Katsu mayo - Asian slaw - fries

KARMA CLASSICS

FISH & CHIPS (GF) (L option)

Battered pollock fillet, triple cooked chips - crushed mint peas - homemade tartar sauce - lemon

HALF LOBSTER (S)(GF)

St. Martin's new potatoes or triple cooked chips - garlic butter - herby leaf salad - Subject to availability

STEAK FRITES

Seared minute steak - fries - parmesan salad

CRAB LINGUINE (S)(GF option)

Crab - tomato - garlic - chilli - lemon & olive oil

KING PRAWN & MONKFISH CURRY (S) (GF option)

Coconut curry - cumin rice - naan

CAESAR SALAD (V)

Gem lettuce - croutons - soft boiled egg - anchovies - parmesan

Add Chargrilled chicken

Add Grilled Halloumi (V)

Add Crab (S)

Add St Martin's Lobster (S)

SEAFOOD SHARING PLATTER

Please talk to a member of our team for more details - Subject to availability

DESSERTS

KARMA MESS (V) (GF)

Meringue - Chantilly cream - summer fruits

STICKY DATE PUDDING (V)(GF)

Clotted cream & toffee sauce

KARMA CHEESE BOARD (V)

Cornish cheeses - apple - quince jelly - homemade chutney - crackers

Due to our food being freshly prepared, longer waits can be expected during busy periods.
All items on our menu are subject to change due to availability of fresh produce and deliveries to the Islands.
We support our local community by sourcing produce from the Islands and Cornwall as much as possible.

Please inform a member of our team if you have any food allergies or dietary requirements when placing your order.

GF - Gluten free

L - Lactose free

S - Shellfish

N - Nuts

P - Pork

G - Game

V - Vegetarian

Ve - Vegan

WE CREATE... EXPERIENCES